

SCHOOL OF HEALTH STUDIES

GLOBAL HEALTH MINOR

ARE YOU INTERESTED IN HEALTH AND COMMUNITY DEVELOPMENT? DO YOU WANT TO DEVELOP YOURSELF AND STEP OUTSIDE YOUR COMFORT ZONE? THEN THE GLOBAL HEALTH MINOR IS FOR YOU!

WHAT CAN YOU EXPECT FROM THE GLOBAL HEALTH MINOR?

During the Global Health exchange course, you prepare and develop a community-based health project. The first 10 weeks, you study and prepare your project at HAN. The next 10 weeks, you work on the project abroad.

Your project could be anywhere in the world, and you work in an interprofessional and international team. That makes this minor suitable for students from different countries and different fields, such as Social Work, Sport Studies, Creative Therapy, Psychology, Health Studies and Nursing. The lecturers of Sport Studies, Nursing and Social Studies who teach this minor also work in multidisciplinary teams themselves.

Social and creative aspects are key in this interprofessional course. You also learn about intercultural communication in practice and other skills you need, like how to organize and set up a project. You learn to research a (community) health problem and put it into practice.

HAN_UNIVERSITY
OF APPLIED SCIENCES

Examples of projects you can work on are a health promotion intervention or innovative health project. We have worked on different projects in several countries, such as:

- Malawi: community development for mental health in children with disabilities
- Indonesia: positive health in various community settings
- Bonaire: empowerment at an afterschool program
- Aruba: empowerment for teenagers in an afterschool program
- Ecuador: talent school for sports
- The Netherlands: creative projects with refugees
- Bolivia: community projects
- Portugal: empowerment and sports with children and teenagers
- Greece: young refugees
- Gambia: various community projects





COURSE INFORMATION

The course includes theory and methods, practical and creative skills, reflective learning, group work and intercultural communication. These are divided into two modules: module 1 in the Netherlands and module 2 abroad at a project location. The minor is offered twice a year, in both the autumn and spring semester.

Module 1: Preparatory Project Development

Module 1 is followed in the Netherlands with a focus on:

- Defining health in a cultural perspective
- Intercultural communication
- Using creativity in health promotion
- Health risks, health indicators, health inequality, health determinants and health behavior
- Health research, epidemiology in public health
- Working in an interprofessional and international team
- Literature research
- Quantitative, qualitative and participatory research
- Additional English lessons

Module 2: Developing a community-based health promotion intervention

Module 2 is followed abroad at the project location, where you apply the knowledge you gained in module 1. The focus now is on other learning goals, such as:

- Intercultural skills
- Behavior change
- Writing skills and presentation techniques
- Health promotion and intervention development
- Community participation and empowerment
- Project management
- Organizational skills

OPEN UP NEW HORIZONS.

INTERNATIONAL OFFICE ARNHEM

Ruitenberglaan 31
C 0.23
6826 CC Arnhem • The Netherlands
Opening hours front desk:
12:30 - 16:30 h

INTERNATIONAL OFFICE NIJMEGEN

Kapittelweg 33
B0.02
6525 EN Nijmegen • The Netherlands
Opening hours front desk:
12:30 - 16:30 h

CONTACT

Join us on Facebook @HANabroad for more information and for meeting fellow study abroad students
outgoing@han.nl

GOOD TO KNOW

INSURANCE

Make sure you are properly insured for the entire period of your stay abroad! More information can be found on Insite International Office.

COSTS

Keep in mind that the minor involves additional costs for travel, housing and guidance abroad. This differs for each student and location.

LOCATIONS

Module 2 is a 10-week work placement or internship abroad that is crucial to the minor. It is possible to do this in the Netherlands, but the setting must be intercultural and interdisciplinary.

MORE INFORMATION?

Want to know more about this minor? Contact minorglobalhealth@han.nl.